

March 2026 | Highlands at Aero Park

HIGHLANDS

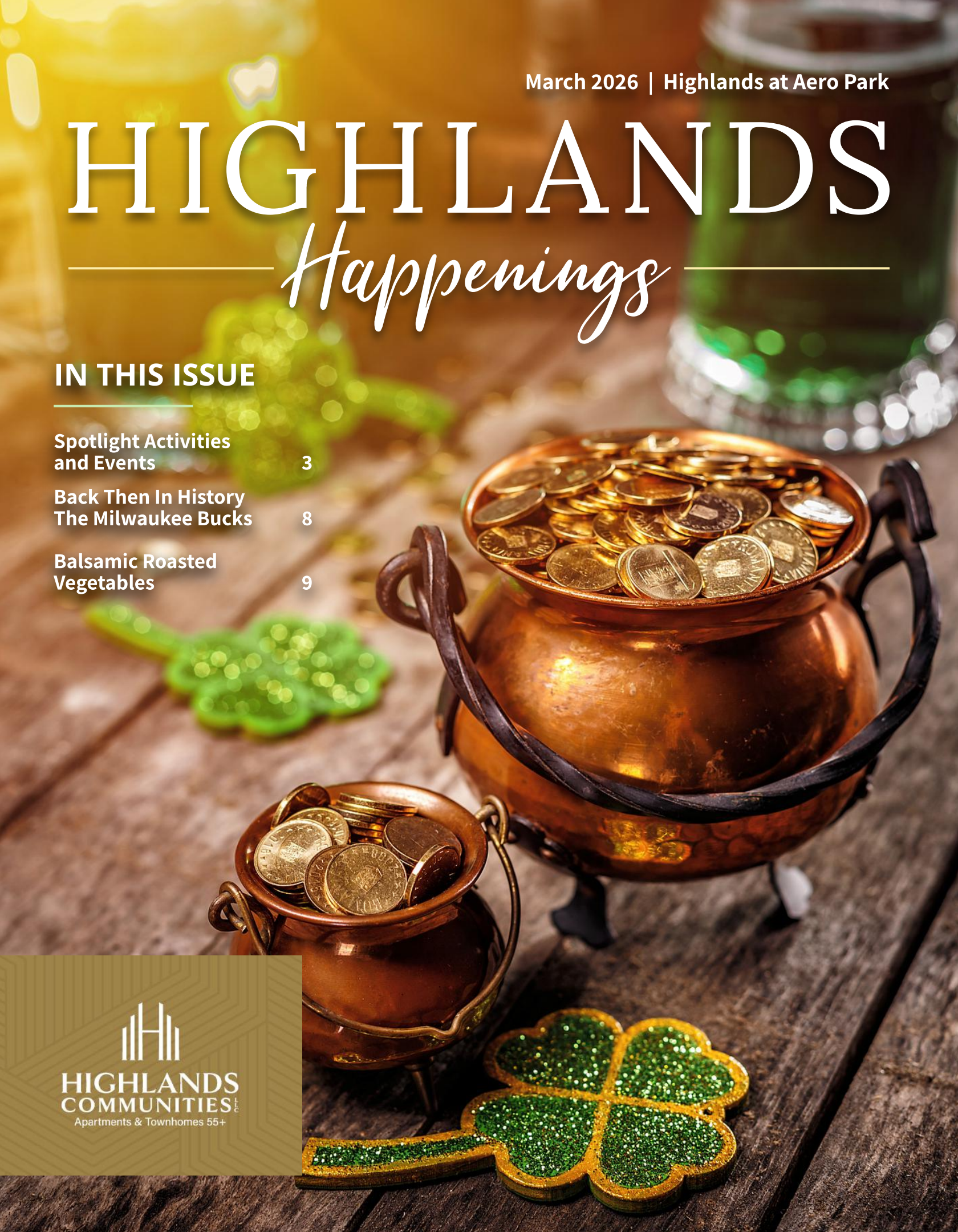
Happenings

IN THIS ISSUE

Spotlight Activities and Events	3
Back Then In History The Milwaukee Bucks	8
Balsamic Roasted Vegetables	9



**HIGHLANDS
COMMUNITIES**
Apartment & Townhomes 55+



Welcome to the Highlands Happenings Table of Contents

Past Activities & Events	2	Just For Fun	8
Upcoming Events	3	What's Cooking	9
Resident Reminders	4	Contact Information	10
Welcome & Celebrations	5	On-Site & Local Services	11
Activity Calendar	6-7	Check It Out	12

PAST ACTIVITIES & RECREATIONAL EVENTS



UPCOMING SPOTLIGHT EVENTS



The Spring Poetry Collective

THURSDAY, MARCH 5TH AT 11:00 AM | AVIATION LOUNGE

Join us for a spring-inspired poetry workshop. Participants will receive simple seasonal prompts to spark creativity. Everyone is encouraged to write at their own pace in a relaxed, supportive space. Residents may share their poems if they feel comfortable. Come enjoy a refreshing moment of expression and connection!

This event is free. RSVP Not Needed



Celtic Strings

THURSDAY, MARCH 12TH AT 3:00 PM | COMMUNITY ROOM

Milwaukee singer-guitarist Brett Gaertner brings Irish classics to life with energetic acoustic covers, including spirited takes on favorites like The Irish Rover, delivering festive, crowd-pleasing performances.

\$6 per person. RSVP by Tuesday, March 10th



Taste of Tuscany

THURSDAY, MARCH 19TH AT 5:00 PM | COMMUNITY ROOM

Enjoy Lasagna or Chicken Parmesan, Salad, Steamed Veggies, Desert, and Refreshments catered by Carrabba's Italian Grill. Relax, mingle, and soak in the Tuscan vibes. Soft music and warm lighting set the scene for an inviting, delicious Tuscan evening.

\$18 per person. RSVP by Monday, March 16th



Build Your Own Bouquet

THURSDAY, MARCH 26TH AT 1:00 PM | COMMUNITY ROOM

Create your own beautiful bouquet at our Build Your Own Bouquet Workshop! Local florist, Budding Designs, will provide seasonal flowers, greenery, tools, and simple arranging tips. All supplies are included—enjoy a relaxed, creative experience and take home a bouquet you'll love! **\$25 per person. RSVP by Friday, March 20th**



Spring Planting Workshop

TUESDAY, MARCH 31ST AT 1:00 PM | RAISED PLANT BEDS (WEATHER PERMITTING)

Join us for a hands-on Spring Planting Workshop! Budding Designs will guide you as you pot your own plants. Come enjoy a fun, creative, and welcoming spring experience while you learn tips and tricks for spring planting. Event attendance capped at 15 people.

This event is free. RSVP by Thursday, March 26th

*We look forward to having you join us!
For a complete list of activities and events taking place
this month at the Highlands, visit our Activity Calendar on pages 6-7.*

RESIDENT REMINDERS

Luck is living surrounded by people who make you smile.

Unknown



Congratulations!

Who won \$100?



This month's winners of our \$100 lease renewal drawing are Ingrid & Ulrich F.



Alarms

If you hear an alarm sounding in the area of the furnace, water heater, or elevator, this may mean there is a water leak in one of these areas.

Please notify the Resident Services Office at 262-345-7545 or on evenings & weekends, The Answer at 1-800-263-6148 immediately.

Your help with this preventative measure is greatly appreciated.

Puppy Paws

We sincerely thank you for helping us maintain the cleanliness and beauty of our shared spaces. Our hardworking housekeeping team takes great pride in keeping our community looking its best. To support their efforts, we kindly ask that pets remain off the furniture in our common areas. This small step helps us prevent additional cleaning from muddy paw prints or unexpected accidents.

Thank you for your cooperation and for being a thoughtful neighbor!

Rental Agreement Renewals

IMPORTANT INFORMATION ABOUT YOUR RENEWAL

We'd like to thank all of our residents who will be renewing their rental agreements with us.

Please provide the Resident Services Office with the following documents when you sign your Rental Agreement Renewal:

- Resident Update Form to include all new updates
- A current copy of your Renters Insurance Declaration Page.

If you have any questions, please let us know.

Wisconsin Homestead Rent Certificates

FORMS AVAILABLE IN THE RESIDENT SERVICES OFFICE

The State of Wisconsin allows deduction to income taxes for your residence. The program, established in 1964, is called the Homestead Tax Credit. To be eligible, a person must own or rent his/her residence, be at least 18 years of age and have a low annual household income.

If you qualify and wish to take advantage of this program, you will need a Rent Certificate completed by your landlord. The Resident Services Office has these forms available and upon request, will complete the form for you within 3 business days.

If you have questions about this tax credit, contact your tax advisor. If you have questions about completing the Rent Certificate, please contact our Resident Services Office.

Celebrate Good Times

WEDNESDAY, MARCH 11TH AT 1 PM
COMMUNITY ROOM

IT'S CELEBRATION TIME

Be our guest as we celebrate March's special moments! Join us for cake, coffee, and joyful company as we honor all March Birthdays & Anniversaries. Let's gather, connect, and celebrate!

This event is free. RSVP Not Needed



Ada Ensemble: Music that Moves

MONDAY, MARCH 16TH AT 1:00 PM | COMMUNITY ROOM

Ada Ensemble invites you to unwind with their warm, vibrant string sound—blending classical charm with jazz, ragtime, tango, fiddle, and more for an uplifting musical experience.

\$6 per person. RSVP by Friday, March 13th

POP-UP ART GALLERY

Join us in showcasing the creativity of our residents. All artistic mediums are welcome—paintings, crafts, photography, and more! If you're interested in submitting your artwork for display, please submit it to the Resident Services Office by Tuesday, March 24th.


We'll kick things off with a special opening reception on **Monday, March 30th at 2 pm**, featuring light refreshments and great company. Afterward, the gallery will remain on display in the Aviation Lounge for two weeks, giving everyone plenty of time to enjoy the inspiring pieces created by neighbors.



I'm a great believer in luck, and I find the harder I work, the more I have of it.

-Thomas Jefferson



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1	2	3	4	5	6	7	
National Peanut Butter Lovers Day	10:30 am Chair Yoga 1 pm Sheepshead 3 pm Cribbage	Purim 10 am Faith Talk 12:15 pm Orange Shoe Fitness 1:30 pm Line Dance 6:30 pm Cards	Holi 10:30 am Chair Yoga 1 pm Nickel Bingo 3 pm Mahjong	9:30 am Bridge 11 am The Spring Poetry Collective 6:30 pm Mahjong	10:30 am Chair Yoga 1 pm Dominos 3 pm National Oreo Cookie Day Celebration	6:30 pm Chinese Mahjong National Flapjack Day	
8	9	10	11	12	13	14	
Daylight Saving Time At 2:00 am, clocks move forward to 3:00 am	10:30 am Chair Yoga 1 pm Sheepshead 1 pm - 4 pm Sew Much Fun (Aviation Lounge) 3 pm Cribbage	10 am Faith Talk 12:15 pm Orange Shoe Fitness 1:30 pm Line Dance 6:30 pm Cards	10:30 am Chair Yoga 1 pm March Birthday & Anniversary Celebration 3 pm Mahjong	9:30 am Bridge 1 pm Dietitian Meet & Greet 3 pm Celtic Strings - Irish Music by Brett Gaertner 6:30 pm Mahjong	10:30 am Chair Yoga 11 am Water Aerobics 1 pm Dominos	6:30 pm Chinese Mahjong Pi Day (3.14)	
15	16	17	18	19	20	21	
6:30 pm Book Club "The Alice Network" By: K. Quinn	10:30 am Chair Yoga 1 pm Sheepshead 1 pm Ada Ensemble: Music that Moves 3 pm Cribbage	St. Patrick's Day 10 am Faith Talk 12:15 pm Orange Shoe Fitness 1:30 pm Line Dance 6:30 pm Cards	10 am Ben Merens Scams Discussion 10:30 am Chair Yoga 2 pm Botswana Safari Presentation (Aviation Lounge) 3 pm Mahjong	Ramadan Ends 9:30 am Bridge 11 am March Madness Tournament 5 pm Taste of Tuscany 6:30 pm Mahjong	10:30 am Chair Yoga 11 am March Madness Tournament 1 pm Dominos	6:30 pm Chinese Mahjong National Corndog Day	
22	23	24	25	26	27	28	
National Goof Off Day	10:30 am Chair Yoga 1 pm Sheepshead 1 pm - 4 pm Sew Much Fun (Aviation Lounge) 3 pm Cribbage 6 pm Bingo	10 am Faith Talk 12:15 pm Orange Shoe Fitness 1:30 pm Line Dance 6:30 pm Cards	10:30 am Chair Yoga 3 pm Mahjong 4 pm Wine Down Wednesday	9:30 am Bridge 1 pm Brewers Opening Day Party 1 pm Build Your Own Bouquet 6:30 pm Mahjong	10:30 am Chair Yoga 11 am Water Aerobics 1 pm Dominos	6:30 pm Chinese Mahjong International Women in Music Day	
29	30	31					
Palm Sunday National Vietnam War Veterans Day	10:30 am Chair Yoga 1 pm Sheepshead 2 pm Pop Up Art Gallery 3 pm Cribbage	10 am Faith Talk 12:15 pm Orange Shoe Fitness 1 pm Spring Planting Workshop 1:30 pm Line Dance 6:30 pm Cards					HIGHLANDS COMMUNITIES MARCH 2026 ACTIVITIES

JUST FOR FUN



Wherever you go, may good luck follow.

Irish Saying



Fun Facts About Springing Forward

Daylight Saving Time begins in March for most of the U.S. The idea is to make better use of daylight by shifting an hour of sunlight from the morning to the evening.

First widely adopted during World War I to conserve fuel, the practice remains controversial—some love the extra daylight, while others dread the lost sleep.

Not all states observe it: Hawaii and most of Arizona skip the spring-forward/fall-back routine entirely.



Back Then In History

In March 1968, Milwaukee was awarded an NBA expansion franchise: the Milwaukee Bucks. Just two years later, they drafted superstar Kareem Abdul-Jabbar (then Lew Alcindor) and won their first championship in 1971. The Bucks became a defining part of Wisconsin's sports identity. Decades later, they secured a second title in 2021, led by Giannis Antetokounmpo. From the MECCA to Fiserv Forum, the Bucks have brought pride and excitement to generations of Wisconsin fans.



Top Ten

WAYS TO REFRESH AND GET READY FOR SPRING

There's a chill that's still in the air, but warm weather is just around the corner. Here's 10 ideas for how to spend your remaining chilly days preparing for spring's warm wave of weather.

1. Open your windows
2. Add a new houseplant
3. Try a new hobby
4. Clean out a drawer
5. Buy fresh flowers
6. Rearrange furniture
7. Donate old clothes
8. Switch up scents
9. Set a spring goal
10. Change up décor

Spring is all about fresh starts—even small changes can brighten up your space and your mindset.

WHAT'S COOKING

Balsamic Roasted Vegetables

Tired of the same old side dishes? This roasted vegetable recipe is full of bold, savory flavor thanks to balsamic vinegar, garlic, and thyme. It pairs beautifully with chicken, beef, or plant-based mains.

Serve it as a side dish, or enjoy it as your main entree.



INGREDIENTS

Cooking spray
10 medium potatoes, peeled and cubed
4 large carrots, peeled and cut into 1/2 inch chunks
1 medium onion, sliced into 1/4-inch strips
1/3 cup balsamic vinegar
1/4 cup unsalted butter, melted
8 sprigs fresh thyme or 1 tsp dried thyme
1 tsp minced garlic
1 tsp salt
1/2 tsp ground black pepper

STEP 1: Preheat oven to 425°F. Lightly coat a 9x13-inch baking dish with cooking spray.

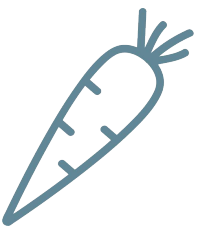
STEP 2: In a large glass bowl, mix potatoes, carrots, onion, balsamic vinegar, butter, thyme, garlic, salt, and pepper until evenly coated. Spread mixture into the prepared pan in a single layer and cover with foil.

STEP 3: Roast for 45 minutes, shaking the pan every 15 minutes.

STEP 4: Remove foil and roast another 30 minutes, stirring occasionally. Watch closely during the last 10 minutes to avoid burning.

COOKS NOTE: Use a glass bowl (not plastic) to avoid staining from the balsamic vinegar.

Source: [allrecipes.com](https://www.allrecipes.com)

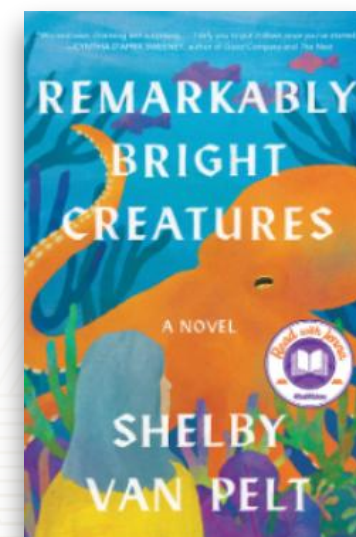


Shelf Indulgence

THIS MONTH'S BOOK RECOMMENDATION

Remarkably Bright Creatures by Shelby Van Pelt

Set in a coastal town, this delightful novel follows the friendship between a widowed aquarium worker and a surprisingly observant octopus named Marcellus. Through alternating perspectives, it blends warmth, curiosity, and a touch of mystery. With spring themes of renewal and connection, this story is both fresh and uplifting



CONTACT INFORMATION



Resident Portal

Make rent payments. Pay online, check the status of your payments, review your payment history, submit maintenance requests and view event invitations.

Our resident portal is an online tool for you to be able to take care of some things without having to wait for the Resident Services Office to open. It's easy, it's convenient and it's designed with you in mind.

Need more information? Contact us today!



Main Office

Mon - Fri, 10am - 5pm
Phone: (262) 239-7883
W197 N4950 Hickory St.
Menomonee Falls, WI 53051

DIRECTOR
Hilary Schuppener
hschuppener@ardenpropertygroup.com

LEASING
Mon - Fri, 10am to 5pm. Sat/Sun. Closed
Phone: (262) 239-7883
LEASING SPECIALIST

MAINTENANCE
Mon - Fri, 9am - 3pm
Phone: (262) 239-7883
Evenings & Weekends (The AnSer)
(800) 263-6148

MAINTENANCE TEAM
Chris Braith

HOUSEKEEPING TEAM
Nivea

Shepherd



Community Engagement Coordinators

Nancy Bruening **Deborah Remshak**

Spring into Creative Bloom

A SEASON FOR FRESH CREATIVITY

This March, we'll invite everyone to "Spring into Creative Bloom", our month-long series celebrating art, inspiration, and renewal. Together, we'll create opportunities to connect, express creativity, and enjoy the energy of the new season.

Join Us Each Week For:

Be Your Own Barista - Our self-service coffee bar in the main lobby is open 24/7, offering a wide variety of hot beverages. Enjoy convenient, self-serve coffee, espresso, tea, and more—any time you need a boost.

Yoga & Stretching- Stay active by joining our group classes every Monday, Wednesday & Friday at 10:30 am in the Fitness Studio. **Orange Shoe Fitness** - held on Tuesdays at 12:15 pm. Special Dietitian Meet & Greet: Thursday, March 12th at 1 pm

March Madness

BRACKET CHALLENGE

Bracket forms will be available March 18th at the concierge desk. Catch all the action in the Club Room where the games will be playing live on game days. Get ready to join the fun and cheer on your favorite teams!

Onsite Services

Aero Park Wellness Spa

4TH FLOOR | WEST ENTRANCE

The Aero Park Wellness Spa offers a variety of services from different professionals. Below is a list of services and contact information.

Rejuvenize Facial Massage: Kara Wilde, LMT,
414-534-0245

Service & Pricing: Massage therapy, facials, price range \$45-\$115

Leick Physical Therapy: Melissa Leick, PHD in Physical Therapy, 262-309-4870
Services & Pricing: Trigger Point Dry Needling and Class IV Laser Therapy, \$100/hour

Rebalance Massage Therapy: Nicole Krell, LMT
262-295-7626
Services & Pricing: Massage therapy, \$85-\$130

Reiki: Chris Kramer, Reiki Master, Energy Healer, and Board Certified Functional Wellness Coach,
ckramercoaching@gmail.com or 414-719-6634
Services: \$40 to \$125

National Oreo Cookie Day

CELEBRATE WITH US

Join us Monday, March 6th in the Community Room - come snack, stack, and celebrate everyone's favorite cookie!

Local Services

Cable Compa...

HOTLINE TIT...
Cable Compa...

Electric Co...

ELECTRIC HO...
Electric Co...

Transportat...

TRANSPORT H...
Transportat...

City Govern...

PHONE TITLE
City Govern...

Pool Hours

Open: 5 am - 12 pm
Closed: 12 pm - 1 pm
For Daily Maintenance
Open: 1 pm - 10 pm

The pool temperature is regulated at 80 to 84 degrees.



Enjoy the pool!

CHECK IT OUT

Refer a friend or relative who completes an application by May 31, 2026 and when they move in, you'll receive a **\$1,000 rent credit**, and your friend will receive a **\$500 rent credit!**

*Some restrictions apply. Application must be completed by May 31, 2026 Promotional program and cash back applicable to current Highlands Communities residents only. Recipient is responsible for paying all other local, county, state, and federal taxes on referral bonus.



For After Hours Maintenance Emergencies

HERE'S HOW TO GO ABOUT MAKING US AWARE THAT YOU REQUIRE ASSISTANCE

For all maintenance emergencies after 4:30 pm, Monday through Friday, Saturdays, Sundays, and holidays, please call our after hours call center, The Answer, at 1-800-263-6148.

You will be asked to provide the following information:

1. Your name
2. The name of the Highlands Community where you reside
3. Your building #, apartment # and phone #
4. A description of your emergency

If leaving a message, please be sure to include all information listed above.

Upon receiving an emergency call, The Answer operator will contact our on-call maintenance staff and they will respond accordingly. If you do not hear back from our on-call team member within 30 minutes, please call 'The Answer' back to make them aware.

If your call is not considered a maintenance emergency, The Answer will not contact our on-call maintenance staff. We ask that all residents have a personal plunger and attempt to unclog your toilet prior to calling for emergency assistance.

A maintenance emergency is considered as the following: No heat, flooding such as water heater, toilets and drains or unnatural flooding into the apartment, refrigerator not working, gas odor, plugged toilet if overflowing and the only toilet in the apartment, clogged drains, no A/C if temperature is higher than 75 degrees, garage doors not opening/closing properly, lockouts, no electricity, elevator stuck or not opening, smoke detector beeping. For all medical, fire and police emergencies, please call 911.

